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The Society for Nutrition Education recognizes the need for authoritative information about dietary supplements so consumers can make more informed, sensible decisions about supplement use. We have three suggestions.

Suggestion 1: FDA should take the lead in conducting and encouraging others to conduct--more detailed qualitative and quantitative consumer research on the use of supplements.

Suggestion 2: FDA should require that the evidence on which the manufacturer is relying for its nutrition support claims be provided to the agency and made publicly available.

Suggestion 3: FDA should encourage the development of a central source of authoritative statements regarding supplements and then promoting it.

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